Professor Cup Online: Winter Formats – January 2026

Pokémon TCG Format	
"Types Go Round"	
Platform	Pokémon TCG Live
Round time	30 minutes
Match format	Single game
Deck lists	Required
Deckbuilding restrictions	● Decks must contain a minimum of 2 Pokemon from each of the 10 legal printed TCG types.
Legal regulation marks	G onwards
Legal rarities	Common and uncommon Pokemon cards (including their reprint promos or illustration rares) All trainer cards ACE SPEC trainers and energies
Maximum qty of cards with same name	**2 (excl. Basic Energy)**
Banned cards	● All Rare Pokémon (Including those with a Rule Box) ● All black star promo cards (excl. reprints of legal cards)
FAQ Q: Do I need to have 2 pokémon of EVERY type in my deck? A: Yes, each deck must have at least 2 cards of every pokémon type in it. Q: Do I need to have 2 of the same pokémon card in my deck to fulfill the type requirement rule? A: No, you just need to have 2 cards of the same type. Eg; 1 pikachu and 1 raichu fulfill the ⚡ type requirement for the deck.	
Updates:	
13/12: Clarification added that rare Pokemon are not legal and that rare trainers are legal 30/12: Added FAQ clarifying about deck building restrictions	

Pokémon VG Format	
"Types Go Round"	
Platform	Pokémon Scarlet and Pokémon Violet
Round time	In-game timer
Match format	Best of three
Ruleset	Regulation Set H (official rules 1)
Battle formatEvery	Double Battle (4v4)
Rental teams	Permitted
Team lists	Required (open team lists)
Team building restrictions	● Pokémon must share a type with only one other Pokémon on the team. ● Types may not be shared among more than 2 other Pokémon in the team. ● Each present Type must be on exactly 2 Pokemon. ● Each present Tera Type must be on exactly 2 Pokemon. ● Each present Tera Type may not overlap with a base type already found on the team. ● Stellar Tera is allowed and counts as a unique type, and must be paired with another Stellar Tera. ● Each team must have 6 Pokémon. Example: ● Charizard: Fire Flying (Tera Steel) ● Gyarados: Water Flying (Tera Ground) ● Tentacool: Water Poison (Tera Grass) ● Dragalge: Dragon Poison (Tera Ground) ● Zweilous: Dragon Dark (Tera Steel) ● Houndoom: Fire Dark (Tera Grass)
Banned Pokémon	The following Pokémon may not be on a player's team: ● Pokémon that have only one type

Pokémon GO Format	
"Types Go Round"	
Round time	In-game timer
Match format	Best of five
Ruleset	Great League; bring 6/pick 3

Battle format	Every Pokémon must share a type with only one other Pokémon on the team.
	Only Dual-Type Pokemon are allowed
	Types may not be shared among more than 2 other Pokémon in the team.
	Every Type must show up exactly 2 times, and types must form a 6 Pokémon Cycle.
	
	An example of a legal team could be:
	
	    ○ Charizard: Fire Flying
	    ○ Gyarados: Water Flying
	    ○ Tentacool: Water Poison
	    ○ Dragalge: Dragon Poison
	    ○ Zweilous: Dragon Dark
	    ○ Houndoon: Fire Dark

	Charizard Fire Flying — Flying → Gyarados Water Flying — Water → Tentacool Water Poison — Poison → Dragalge Dragon Poison — Dragon → Zweilous Dragon Dark — Dark → Houndoom Fire Dark — Fire → Charizard Fire Flying
Team lists	Required (open team lists)
Banned Pokémon	● All Legendary Pokémon ● All Mythical Pokémon ● All Ultra Beasts ● Morgrem ● All Single-type Pokémon ● All Pokémon listed on the Pokémon GO Championship Series Banned Pokémon List
FAQ	
Updates	

Pokémon TCG Pocket Format	
"Eevee Go Round"	
Round time	In-game timer

Match format	Best of five
Ruleset	- Each player must submit two decks. - Each deck must have 2 Eevee and 2 of the same Eeveelution. 1 copy of the Eeveelution cards in each deck may be a Rule Box Pokémon. - The two decks must feature different Eeveelutions - In addition to your Eevee and Eeveelution, you may choose another family of Pokémon, and run up to 2 basic and up to 2 Stage 1 Pokémon of the family. All of these Pokémon must be the same type as the Eeveelution in your deck, and cannot be Rule Box Pokémon - The two decks cannot contain any of the same Pokémon other than Eevee. - After a win the player must switch to the other deck. - Once a player has 2 wins in the round they may choose any of their 2 decks to play.
Team lists	Required (open deck lists)
Banned Cards	- No other rule box pokemon are allowed - Stage 2 Pokemon - Promo B

FAQ

- Q: Can I Use Eevee ex as my rule box Eeveelution, or as my Eevee?
A: No, it's not an Eeveelution, and rule box Pokémon other than Eeveelutions are banned.

- Q: If my chosen Eeveelution is Sylveon (Canonically a Fairy-type Pokémon which has a Psychic-Type card), can I use a Psychic-type Pokémon such as Slowpoke and Slowking as my other line?
A: Yes, typing is determined by the Pokémon's type within the game.

- Q: Can I use two different versions of Eevee?
A: Yes, you can have two of the same Eevee card (e.g two Eevee B1-#184), or one each of two different Eevee cards (e.g one Eevee B1-#184 and one Eevee A4-#134)

- Q: Can I use Eevee Promo B-#11?
A: Yes, it is a reprint of Eevee B1-#184

- Q: Is set B2a (Crimson Blaze) legal?
A: Yes, Crimson Blaze is legal for this event.

- Q: Does the other family of Pokémon need to be a full evolution line of both two Basic and two Stage 1 Pokémon?
A: No, you can choose to have 0, 1 or 2 of a single, non-Eevee, Basic Pokémon, and 0, 1 or 2 of a Stage 1 Pokémon which evolves from that basic. It could also just be a Basic Pokémon with no evolutions.

- Q: Can I use the same Eevee in both decks?
- A: Yes, you may use two Eevee B1-#184 in your first deck and two Eevee B1-#184 second deck if you wish

Updates